



Cooperative Extension Service
Allen County
200 East Main Street
Scottsville KY 42164-0355
(270)237-3146
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www.ca.uky.edu/ces



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Facebook @ Allen County 4-H Youth Development

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Message from 4-H Agent Anna.



Have you re-enrolled & submitted a new form for the 2023 - 2024 4-H Program Year??? Don't forget that new enrollment forms are due each fall.

As the 4-H year ramps up, we have lots of fun exciting things planned for October & November. Highlights of this newsletter include: Allen 4-H Week (10/18-10/24), 4-H Banquet, numerous workshops and the start of our fall 4-H Clubs. Make sure to record these dates in your calendar or place our 4-H calendars on the fridge for easy access.

We have several exciting 4-H Week activities which we hope you will join in! These include: 4-H Paper Clover Sales, 4-H Broadcasters Workshop (TV/Radio), Window Painting, Ice-cream Social, Pumpkin Decorating Workshop and the big finale - the 2023 4-H Member & Volunteer Recognition Banquet.

Allen County Extension Office
Office Hours
Monday—Friday
8:00 a.m.—4:30 p.m.
(With the exception of Holidays)

This OCTOBER we celebrate 4-H as we continue Making the Best Better!!!



Sincerely,

Anna Meador

Anna Meador

4-H Youth Development
Extension Agent



Keep updated with Allen County 4-H announcements throughout the month. Text the number, 81010, entering the following message: @d982c This will allow you to stay current with all announcements and reminders about club meetings, activities, opportunities and more!

ARE YOU FOLLOWING US ON FACEBOOK???

HAVE YOU SET US AS A "FAVORITE" - SO YOU GET IMMEDIATE UPDATES



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



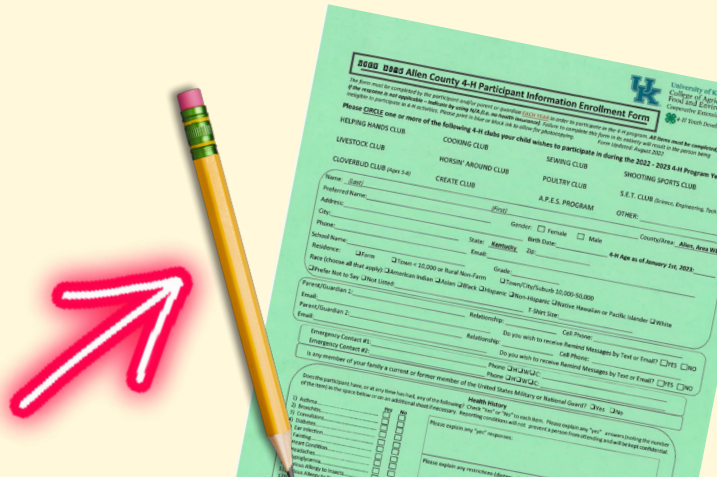
Disabilities accommodated with prior notification.

Lexington, KY 40506

4-H Enrollments 2023 - 2024



It's that time again, time to select your new 2023 - 2024 4-H Clubs & submit a Enrollment Form for the new Program Year!



2023 T-SHIRT ORDER

ALLEN COUNTY 4-H



T-SHIRT DESIGN
CREATED BY:
AMALIE SEIFRIG



- **COST: \$15.00 PER SHIRT**
- **ORDER & PAYMENT DUE BY: NOV. 1ST**
- **CALL OR COME IN TO ORDER: (270) 237-3146**
- **AVAILABLE SIZES: YOUTH SIZES AND ADULT SIZES**
- **PROCEEDS TO SUPPORT ALLEN CO. 4-H PROGRAM**

PAPER CLOVER EVERYONE'S A WINNER!

OCTOBER 4-15

Funds support 4-H camp and leadership activities.



Did you know... That National 4-H partners with TSC to help raise money for our State and Local 4-H Programs, where every dollar sold comes back to KY 4-H and 90% of that comes back to our Allen County 4-H program???

Therefore, there are TWO ways you can support us:

1. Encourage family, friends & community members to purchase 4-H Paper Clovers at TSC AND
2. Your 4-H Member signs-up for a time-slot to sell Paper Clovers at our local TSC

Members can sign-up to sell Clovers from our 4-H Table for a 2 hour shift at pre-selected times on our Sign-Up form:
https://docs.google.com/spreadsheets/d/1FV9vp0i7r82AY_Mdw1ksr5ypSZQyoPdwaqSzidVwxdi8/edit?usp=sharing

Participating Members will get the chance to attend our
4-H Ice-Cream Social Event

on Wednesday Oct. 18th from 3:30 - 5:00 PM. We will celebrate 4-H Week with ice-cream, games and a movie for a fun afternoon - showing appreciation to those who came out to help sale Paper Clovers.



KENTUCKY COOPERATIVE EXTENSION

- Kentucky resident?
- At least 18 years old?
- Care about your community?

HOW CAN WE serve you??

Take our ten-minute survey to help us develop programs addressing needs in your community. Scan the code above or visit:
go.uky.edu/serveKY





ALLEN COUNTY 4-H CLUBS



4-H CLOVERBUDS CLUB DATES 2023-2024

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

Meetings are every 2nd Tuesday
5:30-6:30 pm

Allen County Ext. Office, 200 East
Main St. Scottsville, KY 42164

One Parent/Guardian required per family.



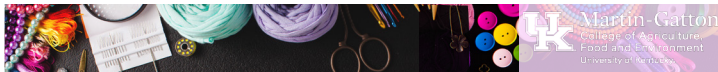
**DATE
CORRECTED
TO 10/10!**



Club Leader:
Monica Barnes

MEETING DATES:

- October 10th
- November 14th
- December 12th
- January 9th
- February 13th
- March 12th
- April 9th
- May 14th



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

Allen County Cooperative Extension

"Create" Club



A Hands-on Club for Creativity

MONTHLY MEETINGS
ON 2ND WEDNESDAYS
AT 3:30 5:00 PM
AT EXTENSION OFFICE

- October 11th
- November 8th
- December 13th
- January 10th
- February 14th
- March 13th
- April 10th
- May 8th

Club Leader: Andi Harper

2023 - 2024



Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

Allen County Cooperative Extension



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

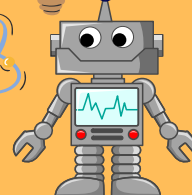
S.E.T. (Science, Engineering, Technology) PROJECT CLUB

MEETING DATES

AGES 9-18

TIMES: 3:30- 5:00 PM
AT EXTENSION OFFICE

- SEPTEMBER 25TH
- OCTOBER 16TH
- NOVEMBER 20TH
- DECEMBER 18TH
- JANUARY 22ND
- FEBRUARY 26TH
- MARCH 18TH
- APRIL 15TH



2023 - 2024



Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.

CLUB LEADER:
ELISABETH MLINKO



ART Club



MEETING DATES
Second Thursdays
@ 3:30-5:00
at Extension Office

Spaces Limited...
Pre-Registration
REQUIRED.
Call (270) 237-3146

- October 12th
- November 9th
- December 14th
- January 11th
- February 8th
- March 14th
- April 11th
- May 9th



Club Leader: Allison Denny

2023 - 2024



Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.





ALLEN COUNTY 4-H CLUBS



Allen County
Cooperative Extension

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

COOKING CLUB



MONTHLY MEETINGS
AT 3:30 PM-5:30 PM
AT EXTENSION OFFICE
LIMITED TO 20 YOUTH,
AGES 9-18.

- OCTOBER 10TH
- NOVEMBER 14TH
- DECEMBER 5TH
- JANUARY 2ND
- FEBRUARY 6TH
- MARCH 5TH
- APRIL 9TH
- MAY 7TH

Pre-Register for
EACH Meeting.
Call
(270) 237-3146



Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.

CLUB LEADER:
NANCY OWENS

Teen L.E.A.D. Ambassador's Club

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.



L
E
A
D
Leadership.
Education.
Achievement.
Development.

Open to Youth Grades 7th - 12th

MEETING DATES:

All Meetings on 3rd Tuesdays
@ 4:00 - 5:30 PM @ Ext. Office

- September 26th (4th Tues.)
- October 17th
- November 21st
- December 19th
- January 16th
- February 20th
- March 19th
- April 16th
- May 21st



Club Leader: Agent Anna



Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.

Allen County
Cooperative Extension Services

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

"HELPING HANDS"



4-H COMMUNITY CLUB

MONTHLY MEETINGS
3:30 PM - 5:00 PM
AT EXTENSION OFFICE

- October 26th
- November 28th
- January 23rd
- February 27th
- March 26th
- April 16th
- May 28th

Club Leader: Kristen Tabor



2023 - 2024



Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.

4-H

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

POULTRY



CLUB DATES 2023-2024

Meetings on 2nd Thurs. each month
5:30-6:30 PM
@ Extension Office - Conference Room

MEETING DATES

- Sept. 14th
- Oct. 12th
- Nov. 9th
- Dec. 14th
- Jan. 11th
- Feb. 8th
- March 14th
- April 11th
- May 9th

Club Leader:
Elizabeth Bequeath





ALLEN COUNTY 4-H CLUBS



Allen County
Cooperative Extension

Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

LIVESTOCK CLUB

Contact Leader, Sarah Jones for more info: (615) 655-4932

MEETING TIMES
6:00 - 7:30

LOCATION
EXTENSION OFFICE

- SEPTEMBER 25TH
- OCTOBER 30TH
- NO NOV. MEETING
- DECEMBER 4TH
- JANUARY 29TH
- FEBRUARY 26TH
- MARCH 25TH
- APRIL 29TH
- MAY 20TH



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky

Allen County Cooperative Extension

Horsin' Around CLUB

MONTHLY MEETINGS
3RD MONDAY'S
6:00 PM- 7:00 PM
AT EXTENSION OFFICE

- OCTOBER 16TH
- NOVEMBER 20TH
- DECEMBER 18TH
- JANUARY 15TH
- FEBRUARY 19TH
- MARCH 18TH
- APRIL 15TH
- MAY 6TH (1st Mon)

CLUB LEADERS :
TRACI TRASKY &
MADISON WOODS



SHOOTING SPORTS CLUB



4-H Shooting
Sports Program
Archery, Rifle &
Shotgun Disciplines
Practice Dates

COMING SOON...

SPRING 2024

**MORE INFO TO
COME JAN. 2024**

Questions? Call the Extension
Office (270) 237-3146



**COMING
SOON**

SPRING 2024

**MORE INFO TO
COME JAN. 2024**



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



Allen County Cooperative Extension

SEWING CLUB



ALLEN COUNTY

4-H WORKSHOPS



--- 2023 ---
* ALLEN COUNTY 4-H WEEK *
OCTOBER 18 - 24, 2023

MONDAY
October 16th
@ 3:30 - 5:00 PM



4-H Advocates Broadcaster Workshop

Radio & TV
Spots with 4-H

- **What:** Learn how to create a script and record a special 4-H radio and TV spot to be aired live locally for 4-H week.
- **Cost:** None
- **Location:** Extension Office Basement Room / Walk in group to Radio Station
- **Clothing:** Preferably 4-H Shirt OR Dress Shirt
- **Prepare:** Consider preparing a response for the following questions:

Hi, my name is _____. I participate in the _____ club(s) and _____ project(s).

1. Why you enjoy participating in 4-H?
2. What have you learned or gained from your experience in 4-H?
3. How will you use the information you gain through 4-H in the future?
4. How do you make a difference in the community through your 4-H community service projects?
5. How does 4-H help you to lead or communicate better in your everyday life?

Pumpkin Decorating

WORKSHOP

October 19th, 2023
@ 3:30 - 5:00 PM

- **Location:** Extension Office - Basement Rm
- **Cost:** \$10 (includes TWO pumpkins - Webbed & Spider Pumpkins)
- **RSVP & Pay by:** 10/12

Create

& Submit to
Extension
Pumpkin Contest
- 10/20



CREATE ME!!!



ALLEN COUNTY COOPERATIVE EXTENSION

Cupcake Decorating Workshop

with Buffy Cole

November 22, 2023

@ 9:00 - 11:00 AM

Location: Large Meeting Rm.
Registration: Call to Register by 11/17
COST: \$5, due by 11/17
Spaces Limited to 12 youth

ALLEN COUNTY EXT. OFFICE,
200 EAST MAIN ST. SCOTTSVILLE, KY

CONTACT: 270-237-3146 OR ALLEN.EXT@UKY.EDU




CHOPPED CHALLENGE

with  COOKING WORKSHOP

MON. NOV. 6TH

@ 3:30 - 5:30 PM -
EXT. OFFICE LARGE MEETING RM

YOUTH WILL PRACTICE SAFE KITCHEN SKILLS WHILE WORKING IN TEAMS TO CREATE AN ENTREE AND DESSERT FROM SCRATCH WITH LIMITED ITEMS IN THE "PANTRY." WINNING TEAM TO RECEIVE A PRIZE.

COST: \$5.00 (4-H BUCKS ACCEPTED)
AGES: 9-18. CLOVERBUDS W/ ADULT ASSISTANCE
REGISTRATION: CALL (270) 237-3146
RSVP & PAY FEE: BY 10/30



--- 2023 ---

ALLEN COUNTY 4-H WEEK

OCTOBER 18 - 24, 2023

WEEK OF ACTIVITIES



- **Mon. 10/16: 4-H Broadcasters Workshop @ 3:30 - 5:00 PM**
to include: 4-H TV Spot and 4-H Radio Spot
Call (270) 237-3146 to RSVP by 10/12
- **Tues. 10/17: 4-H Window Painting @ 3:30 - 4:30 PM**
Please wear old, paint worthy clothes
- **Wed. 10/17: 4-H Ice-Cream Social @ 3:30 - 5:00 PM**
Must participate in at least ONE TSC Paper Clover 2 hr. Shift
- **Thurs. 10/18: Pumpkin Dec. Workshop @ 3:30 - 5:00 PM**
Must participate in at least ONE TSC Paper Clover 2 hr. Shift
- **Tues. 10/24: 4-H Member/Volunteer Recognition Banquet**
at 5:30 - 8:00 PM at Extension Office
Please call (270) 237-3146 to RSVP by 10/17

CELEBRATE 4-H WEEK WITH ALLEN COUNTY 4-H



--- 2023 ---
**ALLEN COUNTY
4-H WEEK**
OCTOBER 16 - 24, 2023

Share a 4-H Photo of:

- Wed. 10/18: with 4-H Friends**
- Thurs. 10/19: a 4-H Activity**
- Fri. 10/20: Favorite 4-H Project**
- Sat. 10/21: in 4-H Club Experience**
- Sun. 10/22: at 4-H Camp or Conference**
- Mon. 10/23: with a 4-H Mentor Leader**
- Tues. 10/24: celebrating a 4-H Accomplishment**



Find your SPARK
with 4-H!!!





4-H CULINARY CHALLENGE STATE CONTEST INFO SESSION

NOV. 13TH @ 4:00 - 5:30 PM

Adult Led by: Melissa Biggs

What is the State Culinary Challenge Contest???

Team members must use their food preparation skills, knowledge of nutrition and food safety, and leadership skills to prepare a serving or plate of food from the recipe cards provided. Then make a presentation to the judges. The presentation will include information about the nutritional value, serving size, and preparation skills. On-site preparation of the food allows 4-H members to demonstrate their culinary skills to the judges.

Junior Team: Ages 11-13

Senior Team: Ages 14-18

The Kentucky 4-H Jr. Culinary Challenge: TBD - August 2024 at the Boone County Enrichment Center, Burlington, KY. Registration Fee is \$40.00 per team.



Join Remind
Enter this number
81010
Text this message
@mlinkosew

Sewing Workshop

Patternmaking: From Start to Finish

Meeting Dates

- 1st Meeting: **Nov 02, 2023**
- Future meetings: TBD
- Location: Basement
- Cost: \$20.00
- High School Student age only (13-18 years old)

Required Purchase

(Please do not purchase until discussed in class)
Fabric for 3 Garments
Thread
Zippers
Buttons
Accessories (optional)

What is Taught?

Patternmaking
Using sewing & serger machines
Basic/Intermediate sewing skills
Complete 3 garments

RSVP and Pay by: Oct 20, 2023
Limited to 6 spots
Call (270) 237 - 3146



2023 - 2024

Youth are welcome to ride Bus #1 to Extension Office for after-school meetings @ 3:30 or 4 PM: 200 East Main St. Scottsville, KY. Guardian must send school note to School to arrange.

COOPERATIVE EXTENSION



Kentucky Volunteer Forum

VOLUNTEERS REACHING NEW HORIZONS
FEBRUARY 22 - 24, 2024

TO INSPIRE, EDUCATE, EMPOWER, AND RECOGNIZE
4-H AND EXTENSION VOLUNTEERS AND PROFESSIONALS



Central Bank Convention Center
Hyatt Regency Lexington

401 W HIGH STREET,
LEXINGTON, KY 40507

REGISTRATION OPENS
OCT 1, 2023

HOTEL ACCOMODATIONS

HOST HOTEL: HYATT DOWNTOWN
OVER FLOW: HYATT PLACE

DONT MISS OUT

- WORKSHOPS
- NETWORKING
- SEMINARS ON WHEELS
- OPENING EVENT
- HALL OF FAME BANQUET
- AWARDS LUNCHEON
- VENDORS
- VOLUNTEER ACREDITATION

For More Information:

Contact your local County Extension Office

<https://4-h.ca.uky.edu/content/kentucky-volunteer-forum>



TRAINING

THURSDAY, 3:30 - 5:30 PM
NOVEMBER 30, 2023

Training Schedule

- 3:30 - Pizza Social
- 3:45 - Intro Into Leadership
- 4:15 - Club Officer Responsibilities
- 4:45 - Club Officer Reports
- 5:00 - Parliamentary Procedure
- 5:15 - Club Planning
- 5:30 - Parent Pick-Up

Open to elected Club Officers:

- President
- Vice President
- Secretary
- Treasurer
- Reporter
- Recreation Leader

**Committee Chairs not required to attend.*

RSVP by 11/27 at 12 PM.
Call (270) 237-3146.
No Cost!

***** Club Officer Training HIGHLY RECCOMENDED!!!**

Youth responsible for Officer Responsibilities & Officer Reports covered during training.



**Allen County
4-H Program**



4-H MEMBER & VOLUNTEER RECOGNITION BANQUET

OCTOBER 24TH, 2023
























Allen County Extension Facility

**REGISTRATION @ 5:30 PM;
MEAL @ 6:00 PM**

- **OPEN TO ALL MEMBERS - Consider completing Annual Member Report Form for Recognition**
- **REGISTRATION: Call (270) 237-3146**
- **RSVP & PAY: Due 10/17**
- **COST: Members - FREE, Adults - \$10.00, Ages 8 & Below - \$7.00**



2023 . OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
1 • KENTUCKY VOLUNTEER FORUM REGISTRATION OPEN	2	3	4  -----4-H PAPER CLOVER SALES @ ALLEN COUNTY TSC----- -----SCHOOL FALL BREAK-----	5 	6 	7 
8 	9 	10 • COOKING CLUB @ 3:30-5:30 PM • CLOVERBUD CLUB @ 5:30 - 6:30 PM 	11 • CREATE CLUB @ 3:30 - 5:00 PM • TEEN RETREAT REG. DEADLINE 	12 • ART CLUB @ 3:30 - 5:00 PM • POULTRY CLUB @ 5:30 - 6:30 PM 	13 	14 
15 4-H PAPER CLOVER SALES END	16  • 4-H BROADCASTERS WORKSHOP @ 3:30-5 PM • SET CLUB @ 3:30 - 5:00 PM • HORSIN AROUND CLUB @ 6:00 - 7:00 PM	17  • WINDOW DECORATING @ 3:30 - 4:30 PM • TEEN AMBASSADORS @ 4:00 - 5:30 PM • BANQUET REG. DEADLINE	18  • ICE-CREAM SOCIAL FOR TSC PAPER CLOVER SALES @3:30-5 PM	19  • PUMPKIN DEC. WORKSHOP @3:30-5 PM	20  • COLORING PAGE CONTEST DUE! • PUMPKIN CONTEST DUE BY 12 PM	21 
22 	23  • BANQUET SET-UP @ 3:30 (HELP WANTED)	24  • 4-H MEMBER/ VOLUNTEER BANQUET @ 5:30 PM	25	26 • HELPING HANDS CLUB @ 3:30 - 5:00 PM	27	28
29 4-H TEEN RETREAT	30 • LIVESTOCK CLUB @ 6:00 - 7:00 PM	31  HALLOWEEN				

2023 . NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
			1 • 4-H TSHIRT ORDER & MONEY DUE	2 • SEWING PROJECT GROUP @ 3:30 - 5:30 PM	3	4
5	6  • CHOPPED WORKSHOP @3:30 - 5:30 PM	7	8 • CREATE CLUB @ 3:30 - 5:00 PM	9 • ART CLUB @ 3:30 - 5:00 PM • POULTRY CLUB @ 5:30 - 6:30 PM	10	11
12	13  • CULINARY CHALLENGE INFO SESSION @ 4:00 - 5:30 PM • AREA TEEN MEETING @ 5:30 PM (BARREN CO)	14 • COOKING CLUB @ 3:30-5:30 PM • 4-H COUNCIL MEETING @ 5:00 - 6:30 PM • CLOVERBUD CLUB @ 5:30 - 6:30 PM	15	16	17	18
19	20 • SET CLUB @ 3:30 - 5:00 PM • HORSIN AROUND CLUB @ 6:00 - 7:00 PM	21 • TEEN AMBASSADORS @ 4:00 - 5:30 PM	22  • CUPCAKE WORKSHOP @ 9-11 AM	23  THANKSGIVING DAY OFFICE-CLOSED	24  THANKSGIVING HOLIDAY OFFICE-CLOSED	25
26	27	28 • HELPING HANDS CLUB @ 3:30 - 5:00 PM	29	30  • CLUB OFFICER TRAINING @ 3:30 - 5:30 PM		 HOLD 11/7 AT 3:30 - 5 PM FOR WREATH WORKSHOP

Cooperative Extension Service
University of Kentucky
Allen County
200 East Main Street
Scottsville, KY 42164
RETURN SERVICE REQUESTED

ANNUAL PUMPKIN DECORATING CONTEST

Participants must supply their own pumpkin

Pumpkins DUE BY October 20th BY 12 PM, judged by outside judges

Pumpkins will be displayed October 23rd-25th @ the Extension Office

Pick-up your entry on October 25th between 12- 4 p.m.

PRIZES available for each category winner

Be creative & be sure to return your entry form!



ENTRY FORM

Age/Category (Check One):

8 & under - Painted/Decorated

9-18 - Painted/Decorated

9-18 - Carved

19 & up - Painted/Decorated

19 & up - Carved

NAME: _____

PHONE: _____

EMAIL: _____

PUMPKIN NAME/THEME: _____